**Curious about the ImPACT test?**

It is best for your student-athlete to understand the format of the ImPACT test prior to taking the it in an effort to avoid a potential invalid test result, which would require the student-athlete to retake the test to acquire a valid baseline result. Below is a link for the student-athlete (and parents if you would like) to take a demo version of the ImPACT test, which will familiarize the student-athlete with what the test is like. You are strongly encouraged to take the Demo. It is important that the student-athlete take the actual test seriously and is able to give an accurate baseline result. An abnormal or inaccurate baseline test or refusal to take a baseline test will not give a true assessment of the student-athletes neurocognitive functions. This could significantly ***slow down*** the student-athletes return to learning and return to play protocols, as treatment must be managed more conservatively.

Here is the link to take a demo version of the ImPACT:

<https://www.impacttestonline.com/impacttestdemo/>

The demo test will take 10-15 minutes and at the end will it give you a Sample Report.

*This Sample Report is NOT an actual report of results on how the person did in the demo test.*

We wish to stress that the ImPACT testing procedures are non-invasive and pose no known risks to your student-athlete. We are excited to implement this program because it provides us the best available information for managing concussions. If you have further questions regarding this program please feel free to call me.

Sincerely,

Adam Littlefield

Principal, San Marin High School

John Ledford, MA, ATC, CSCS

Jennifer Lehr, PT –Director Orthopedics